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## Trident - August 2014

Arthur A. Dugoni School of Dentistry

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## PACIFIC ORTHODONTIC ALUMNI ASSOCIATION UPDATE

*By Dr. Kimberly Mahood, Class of 2010*

*Committee Chair, Pacific Orthodontic Chapter of the Alumni Association*

I hope that this newsletter finds you enjoying a wonderful summer with your family and friends!

The 28th Annual Frederick T. West Lectureship was held on Friday, March 7 at the Fairmont Hotel in San Francisco in conjunction with the 115th Annual Alumni Meeting. Dr. Birte Melsen was the featured speaker and her all-day lecture "Can Aesthetics and Biomechanics Be Combined?" was well attended and quite informative. After the lecture, alumni headed to the new dental school for the dedication ceremony and reception. It was a great way for our alumni to see the new building and to celebrate this amazing accomplishment.



*Residents and faculty with Dr. Melsen at the Fairmont Hotel.*

The alumni reception at the 2014 AAO Annual Session took place on Saturday, April 26. I hated to miss this meeting, but the birth of my daughter on April 7 prevented me from traveling to New Orleans. I heard that it was a wonderful meeting and that the reception was a great way to reconnect with many of our alumni in the fun city of New Orleans.

## PACIFIC ORTHODONTIC ALUMNI ASSOCIATION UPDATE (CONT'D)



*About 50 people attended the Alumni reception at the AAO in New Orleans.*

The Annual Welcome BBQ was held on Saturday, July 26 at the Hellman Hollow picnic area in Golden Gate Park. There was a nice turnout of faculty, residents, staff, and alumni to enjoy the beautiful weather, delicious food, and fun games.



*Bob takes in some of the great food.*



*Bob Boyd with some of the residents, staff, and faculty.*



*A friendly game of football between the residents.*



## PACIFIC ORTHODONTIC ALUMNI ASSOCIATION UPDATE (CONT'D)



*Group photo at the welcome BBQ at Hellman Hollow in Golden Gate Park.*

The 4th Annual Arthur A. Dugoni Orthodontic Graduation Symposium and Dinner will be held on Friday, September 26. The lecture will feature Dr. Peter Buschang on the topic, "More effective and efficient orthodontic treatments: What are the possibilities and limits?" Dr. Buschang is currently a professor and director of orthodontic research at Texas A&M University Baylor College of Dentistry, so will also be able to provide feedback on our residents' research projects that they will present during this symposium. I look forward to seeing you at the event at the new dental school and am hopeful that many of you will be able to join us in celebrating the Class of 2014 at The City Club of San Francisco for dinner that evening.



*Dr. Peter Buschang*



*The City Club of San Francisco has been an elegant venue for the Graduation Dinner.*

The alumni reception at the 2014 PCSO Annual Session will be held in Anaheim, California on Saturday, October 4 from 5:00 to 6:30 p.m. at the Marriott Hotel. Please check your email for the Evite with the details of this event.

Please mark your calendars and plan to join us at the next year's Frederick T. West Lectureship held in conjunction with the 116th Annual Alumni Meeting at the Fairmont Hotel in San Francisco on Friday, March 13, 2015. The scheduled speaker is Dr. Peter Sinclair, past professor and chairman of the Department of Orthodontics at the University of Southern California. He currently has a private practice in Torrance and continues to teach at USC.

## PACIFIC ORTHODONTIC ALUMNI ASSOCIATION UPDATE (CONT'D)



*The Marriott Conference Center and Hotel in Anaheim.*



*Dr. Peter Sinclair*



*Our new dental school  
at 155 Fifth Street.*

Looking ahead, 2015 will be an exciting year with the AAO Annual Session to be held in San Francisco in May. Your chapter of the alumni association is working to coordinate our alumni reception at the new dental school, so please look for updates about this upcoming event. Hopefully many of you will make plans to attend the Annual Session, as it will be a great opportunity to see the new dental school and orthodontic clinic, in addition to reconnecting with fellow alumni in San Francisco!

The events listed above are made possible with assistance from

your membership dues. I would like to extend a huge thank you to those that have joined our alumni association and I hope that you consider renewing your membership this year. If you have not joined in the past, I encourage you to consider joining our alumni association. In addition, if you are interested in making a donation to our chapter, please email me so that I can forward you the information to help you make a contribution.

I hope that you each have a wonderful rest of 2014 and look forward to catching up with you at our many upcoming events! Please feel free to contact me at [kimberlymahood@gmail.com](mailto:kimberlymahood@gmail.com) with any questions or concerns or if you would like to become involved with our chapter of the alumni association. ☐

## DEPARTMENT CHAIR'S REPORT



*By Dr. Robert Boyd*

Things are going very well in our Department of Orthodontics as well as for the Arthur A. Dugoni School of Dentistry these days. I am so lucky to be in a place where so many outstanding faculty, staff and residents come in every day to do their best for our patients, contribute to the educational experience, and most of all, be part of the magic of Pacific.

Beyond our shared joy in being part of the Pacific family, we like to get things done in our department. Our program director, Dr. Heesoo Oh, is doing a great job, and already getting us ready for our upcoming accreditation site visit from the American Dental Association in less than two years. By setting up evaluation systems for our day-to-day lectures and seminars, we are gathering information that we can use toward continually improving the academic quality of our program.

Dr. Oh is also associate director of our Craniofacial Research Instrumentation Laboratory (CRIL) and works closely with Dr. Sheldon Baumrind, our chief of orthodontic clinical outcomes. Dr. Baumrind is the principal investigator with Dr. Oh as a co-investigator for the AAOF Legacy Study—which received the largest grant ever given by the American Association of Orthodontists Foundation. This nine-center study has its primary focus on preserving the historical collections of (mostly untreated) patient records used in these universities. Another goal is developing a web site ([www.AAOFLegacycollection.org](http://www.AAOFLegacycollection.org)) that will provide clinical investigators remote access to these invaluable collections, which were beginning to show signs of age-related degeneration.

At the same time, Dr. Maureen Valley, our clinical director, is working hard to improve our delivery of care. Of great interest to Dr. Valley is our practice management series of courses. Besides her own considerable management skills and state-of-the-art private office in Marin County, she has some of the best-known experts in orthodontics contributing such as John McGill, Steve Hannon, Ron Redmond, Robert Fry, Tom Pitts, Bob Hager, Rosemary Bray, and other outside speakers, plus a good number of our faculty who open their offices for our residents to visit. □



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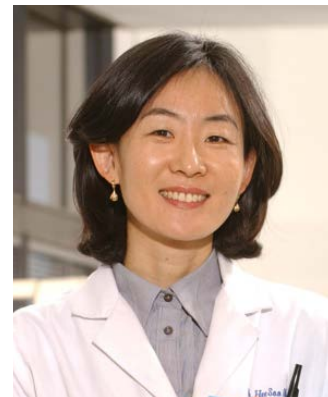
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## PROGRAM DIRECTOR'S REPORT

*Heesoo Oh, Class of 2005*

### *Transitioning to the New School!*

We finally moved to our beautiful new home on Fifth Street, in the heart of San Francisco. The transition to the new school was unexpectedly smooth, at least in my mind. The school's administration and our department staff have thoroughly planned, ensuring a smooth transition with minimal disruption to class and clinic times for our residents.



The new dental school is absolutely beautiful! It is a modern, state-of-the-art building that uses the latest technology, including patient kiosks, newly upgraded computer and clinic chair systems, spacious operatory layouts and many new instructional technologies such as video conferencing capability and smart boards in the lecture and seminar rooms.

While we certainly miss our old school at 2155 Webster with its gorgeous views of the Golden Gate Bridge half-covered by heavy summer fog (as seen from my CRIL office) and the great food in the neighborhood, we are all excited for the changes that the big move brings.

Patients are impressed with the facility, the high-tech capabilities and are pleased with the convenience that comes with easier access via public transportation. Our residents, faculty, and staff are ready to face new challenges that may arise in order to make advancements in our field and to provide advanced, high-quality clinical care.

I would like to share some great news with you about our recent graduates. Dr. Jihyun Anh '13 has been appointed to a full-time faculty position in the orthodontic program at the Roseman University of Health Sciences in Las Vegas, Nevada. She has proven herself to be a serious scholar and outstanding clinician during her residency. Jihyun will be a great addition to the relatively young orthodontic program and will ultimately make significant contributions to our specialty. Two of her board cases were selected for display at the AAO meeting this year in New Orleans and she expects to achieve board certification this August after submitting her last case to the ABO. Congratulations and best wishes to Dr. Anh in her academic endeavors! Three other members from the Class of 2013, Aaron Rouleau, JR Cho, and Kenny Liu are diligently preparing their board cases for the ABO clinical exam in August. Good luck to all of them!

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With no surprises, the Class of 2014 passed the ABO written exam with excellent scores. Congratulations to all on taking the first step toward becoming board-certified orthodontists. They are now focusing on finishing their cases to take the ABO clinical examination. Seven residents are already registered for next year's February and August exams. Their registration fees were fully covered by our department.

As usual, the summer quarter is the busiest time for our graduating class. Besides searching for jobs, there are many things they need to complete to fulfill their requirements for the graduate program: finishing and transferring cases, preparing for the Mock ABO exam, presenting finished case displays, and completing their research theses. They will be presenting some very challenging and exciting studies that include topics such as 3D data using CBCTs in Class I and Class II patients for the evaluation of different



## PROGRAM DIRECTOR'S REPORT (CONT'D)

frames of reference and asymmetry, tooth displacement on digital models captured by the intraoral scanner using the Quantify software program which has recently been developed by Align technology, inflammation protein markers during Invisalign treatment, and a genetic and epidemiologic study on cleft patients collected from the Rotaplast medical mission trips. In addition to all of these commitments, they are preparing case reports on one of their patients. Thanks to Dr. Katherine Kieu's editing and excellent revisions, we expect to see our department's first clinical journal at their graduation. If you have suggestions for a journal name, please send it to us.

Speaking of case reports, I submitted a very challenging adult case from our clinic that had five former residents involved in the treatment and will be published in the October issue of the *AJODO*. Be sure to check out!

The Class of 2015 is now taking over all patients from the graduating class and is working hard to adjust to their busy clinic schedule that involves caring for more than 80-90 patients each combined with 30-40 transfer cases. Besides working diligently, the first-, second- and third-year residents will be attending GORP at the University of Michigan where Dr. Boyd will be a featured speaker this year. This is a great opportunity for our residents to not only bond with each other (especially the new first-year residents), but also to mingle with residents from other programs.

Finally, I would like to welcome our Class of 2016, which is another exceptional group of eight new first-year residents. Enjoy the New Class Introduction section! ☐

*The following article is courtesy of the Monterey Bay Dental Society's SmileLine newsletter.  
This piece is the second of a three-part profile of Dr. Arthur A. Dugoni.*



*Art and Willie Mays—on his “bucket list” of people to meet!*

## ART DUGONI: PERSONAL INSIGHTS

**By Lloyd P. Nattkemper, DDS**

*It's funny, really. When I sat down to write this piece about some of the background, motivations and “secrets” Art Dugoni shared with me during our interview in February 2013, I envisioned being able to neatly categorize each topic, say a word or two about concepts and provide an example of each. Nice and neat. Then a bigger concept, or more accurately, a reality began to take shape as I reviewed the notes and transcription, and wrote down topics for the article. Everything Art talked about, and really, everything about how he has conducted his life, focused on making the very most of whatever or whoever he has encountered. Each day. Each moment. Each student. Each colleague. Each organization. Each problem, or rather, each opportunity. Every one of these, he tirelessly and generously strives to expand. And with that, an understanding of what drives him to continue—what inspires him, what matters to him and what he loves most—became clear. So here, in the form of a list written in concepts that run from one to the next, I will share my version of Arthur Dugoni—Personal Insights.*

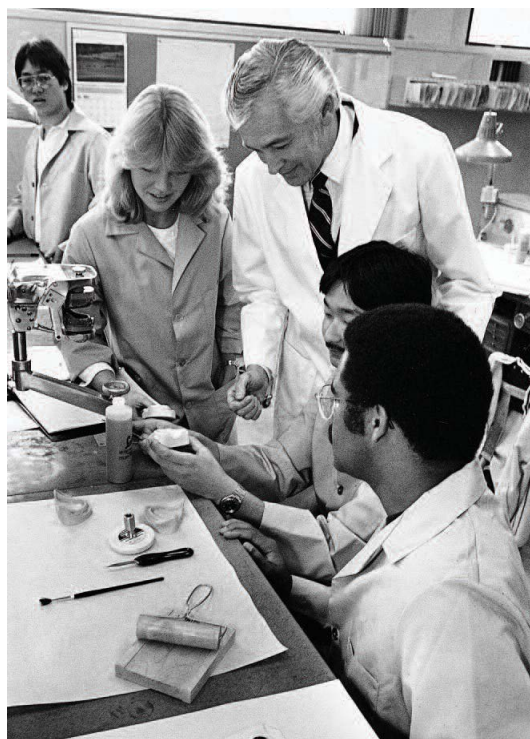
### **You Own Your Life—Art's Lists**

Anyone who meets and has spent time with Art Dugoni senses it. An urgency. Intensity. Energy. Drive. The simple key, I believe, is that Art takes complete responsibility for every minute of his life. “You own your life. You own your schedule. Plug it in.

## DUGONI: PERSONAL INSIGHTS (CONT'D)

Do it.” He applies this to everything. “If you want to have a more successful marriage, you’ve got to devote time to make that marriage successful. As I say to our students, you can determine that Wednesday night belongs to your significant other. Nobody else is going to ever occupy that Wednesday night. You can determine that every six weeks, you’re going to go away for four days with the person that’s the most important person or people in your life. You own that, you can do it.”

Two of Art’s “secrets” are his appointment books, and his lists. His lists drive his appointment books. Art maintains at least two lists at all times. His master list—which includes professional and personal goals, important priorities, major events, aspirations—he reviews this thoughtfully on a regular basis, updates it, and enjoys a sense of achievement as he crosses things off he has completed. “If it was a big project, I broke the big project into pieces, because big projects can be overwhelming. If you let the big project be only the big project, you never get it done. What you do is break it into small pieces, then you accomplish the pieces, and pretty soon it all gets done.” Things like spending additional time with Kaye, or his children, or getting to church more often, or writing a speech for a group of educators typically about 50 items would be on this list. “That major list, once a month, I rewrite.” His master list powers his other, a daily list. He sticks by it, hell or high water. “On the list this morning, there was something like twelve items I wanted to get done today, and I finished five or six of them before you came, and then I have five or six more I want to get done. If I don’t get them done this afternoon, I’ll get them done tonight. They should all be done by morning. Then there’ll be a new list tomorrow.”



*Art in the lab, doing his MBWA (management by walking around). “This was in ’84 or ’85. Ken Shimizu—terrific student—was working on his denture set-ups.”*

And then, to put his lists into practice, he maintains appointment books. “You’ve got an appointment book you live by. Here’s an appointment book for my wife that I make up every day. This is for the caregiver—I make this up every day—what I expect her to do for Kaye’s care each day. She fills it in—see, she checks the boxes here—Kaye’s breakfast, her morning pills, she’s put in her hearing aids, given her hygiene, taken her to balance class, taken her to a computer game, done a community puzzle...Here, she says Kaye had a great day, lots of energy.” In developing this appointment book, Art has talked with the caregiver and worked out strategies intended to help Kaye physically, emotionally and psychologically. “I talked to her—she’s an expert in the field.” He used this same planning strategy when working on projects at Pacific, at CDA, at ABO (The American Board of Orthodontics), ADA, at the FDI. He has an appointment book for his professional meetings and responsibilities, as well as one for his personal goals.

### **Crossing the Line—Touching the Heart —Helping People Grow**

When Art and I talked about the things that have meant most to him, and for which he feels his life and efforts have mattered most to others, it has been in encouraging individuals to make the most of their lives—and then seeing the results. He described numerous individuals, some of whom were students at Pacific, others who were undergraduates, and still others, such as dentists in practice for years, who have contacted him to ask his viewpoint about a problem, and how often, with a few words

## DUGONI: PERSONAL INSIGHTS (CONT'D)

of perspective, they have gone on to exceed many of their aspirations. “I have never regretted taking the deanship. It profoundly changed my life. Such a tremendous responsibility—1000 lives—faculty, administrators, staff and students—not to mention 7000 alumni—I believe I made a difference in many of those lives too. And now, one of my greatest joys is mentoring others in this (almost) ninth decade, sitting down and showing them how they can realize their dreams and reach their goals.” I asked Art if there was something unique about the way he went about leading, and now mentoring. “I cross the line with people. Why? Because I care.” Art was referring to development of personal relationships with his students, faculty, staff and fellow administrators. First-name relationships, names and connections thoughtfully memorized.

He has done this not because he wants to be friends with everyone—rather, because he has discovered it is incredibly effective in inspiring learning, performance and positive change. “I believe very strongly in communication. You cannot get to the mind, though, unless you first touch the heart.” It has been this philosophy that Art applied to the University of Pacific School of Dentistry, every day, with every individual, that has resulted in one of the most effective educational institutions in the country—known for its humanistic model of education. It has also resulted in an affection, respect and admiration for him by virtually all Pacific alumni, faculty and staff—and felt mutually on his part. This personal level of communication has worked just as effectively for Art when he has made mistakes, or when things he has put forth have hurt others’ feelings—and he mentors others to do the same. “I counseled someone just a couple of weeks ago, when they were venting with me and talking about problems with somebody else. I said, ‘You need to go in, make an appointment, and then say ‘I want to say that I am sorry that there’s a difference and a chasm between us. I’m sorry for that. I want to find ways to make it better.’ And then shut your mouth and let that person talk.’”

Often in his communication Art has gently raised the bar for others, such as faculty members, of. He offered an example to me: “Say you were chairman of Perio, you came in with a written agenda, things you were concerned about, and we discussed them all. And I had a group of items over here that I also wanted to discuss with you, and I would say, ‘I’d like you to become boarded in your specialty. We’ve been talking about that for a few years now, how can I help to make that happen?’ Growing is a motivational issue, and in some cases, when I have had discussions like that with faculty or others, there were a few people who were not able to accept the challenge.” Art sat for a moment, “consulting his memory bank” as he says, and a smile came across his face. He nodded. “One of my favorite figures in history was Winston Churchill. He wrote, ‘To every person there comes in his or her life that special moment when they are figuratively tapped on the shoulder and offered the chance to do a very special thing, unique to them, and fitted to their talents. What a tragedy if that moment finds them unprepared or unqualified for that work!’ But in almost every case, if you can build trust and a respectful relationship with people, there are no problems with those kinds of discussions. You can have these kinds of discussions because they all come from caring and from the heart.”

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**ONE OF MY GREATEST JOYS  
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### **An Appetite for New Challenges—Openness—Energy**

In the previous *MBDS SmileLine*, I shared Dr. Dugoni’s comments about being selective about commitments he has taken on, such as his presidencies in CDA, ADA and other professional organizations—primarily because he has always felt that involvement with any entity is only something he would do if he felt he could make a positive difference, to “change the status quo”, and if he had the time necessary to help make that happen. There is more, though, to what has driven him to take on such challenging commitments (which he continues to do this day!). In our conversation, there were several instances when



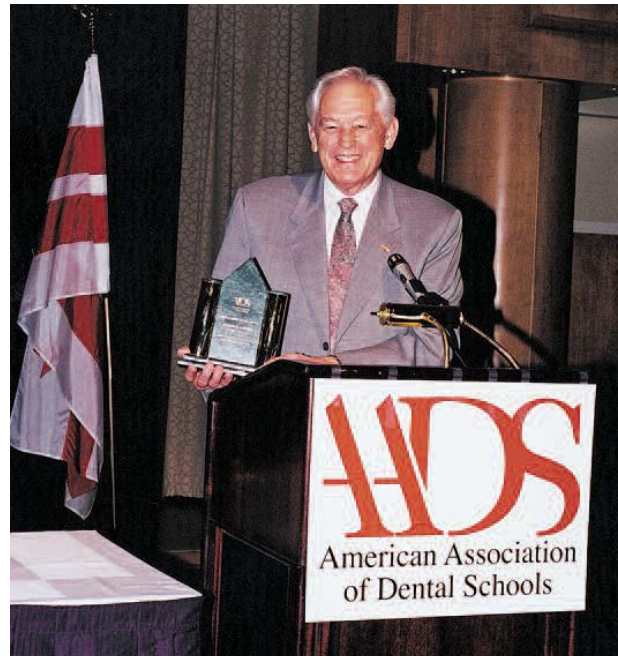
## DUGONI: PERSONAL INSIGHTS (CONT'D)

Art talked briefly about an aspect of his character that I believe is, in concert with his remarkable abilities in organization, communication and leadership, central to understanding his tremendous drive. He doesn't rest when everything is running smoothly. "I get bored with something that is repetitive. I need a new challenge." A little later—"I am always setting goals." Art combines this need for challenge with openness, awareness and a proactive approach regarding his health, technology, educational models, and things he learns in working with others. This was reflected in his "open-door policy" as Dean at Pacific. "It's so important to listen to what people's concerns are. If you don't listen, you don't really know the guts of the institution and what's going on within your own institution."

A host of pioneering changes in the physical set up and educational methods for training students at Pacific were born out of concerns or ideas Art heard to from students, faculty, colleagues, and others. Concerns and ideas that he took on, converted into projects, made lists, and then steadily and thoughtfully used to expand and enrich the quality of education his students experienced. "The environment is so drastically changing all of the time you absolutely need to have openness. Your ears have to be open, your eyes have to be open to really realize what is needed, what direction your organization should go. It wouldn't have done me any good to be the great dental school of the 1950s or of 1978. No. The needs, challenges, the changes that have occurred in patient care, the needs patients come in with today—as well as changes in technology, science, equipment and methods of treatment—are ongoing and demand awareness and disciplined action."



*Open discussion with students in Art's office at Pacific.*



*Art was the second individual in the history of the American Association of Dental Schools to receive its Distinguished Service Award.*

"The wisdom to know how to act—how to make the big decisions, or decisions that created entirely new paradigms—came to Art from working with exceptional people throughout his career. "You meet so many outstanding, dedicated people, and you learn from those people. You see individuals who have certain skills or certain abilities...and you can grow from those peers you have witnessed."

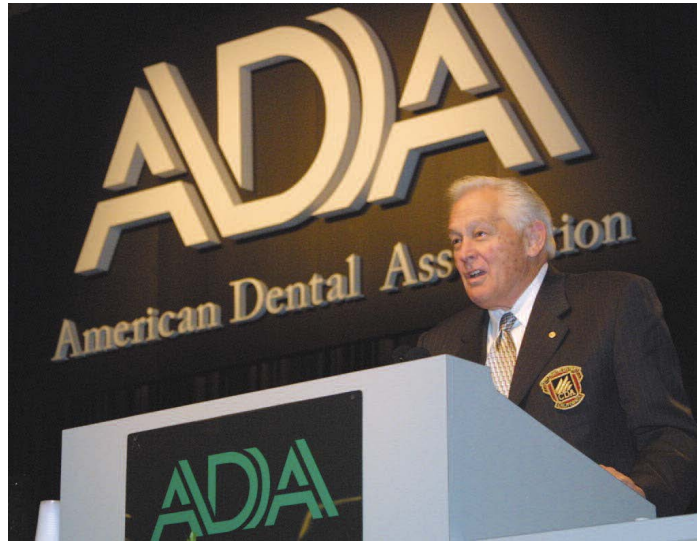
All of this has required a huge reservoir of energy, something perhaps most do not have. It also has required a degree of self-forgiveness and something else many individuals only employ selectively. "It comes down to discipline." And in his next breath, something he shared repeatedly. "You own it." We talked about the years and years of long hours, the challenges that incorporation of the humanistic model of education involved, his having to manage multiple responsibilities

## DUGONI: PERSONAL INSIGHTS (CONT'D)

and organizations, raising his seven children with Kaye. “Well, I did put a lot of time into what I did. A lot of hours. Fortunately, I never tire. I can put 14, 16 hours of work in and never tire. I was given a lot of energy and still have it. But still, I try to balance time as much as possible. Did I balance it perfectly? Hell, no. Could I have balanced it better? Hell, yes. And you never get a chance to live it over again...yes I could have done it a lot better.”

### Success

Art shared how influential certain individuals have been in his life, some as examples of what not to be—“I used to have a nasty vocabulary. You had to have a colorful word on every other end, because that’s my father.” And others, who he would ultimately mirror. “We lived right next door to Grandpa. He would take me for walks. He was a huge influence on me, with respect to how to live a life, how to live a productive life and how to live a life of value and character. He talked to me a lot about honesty and integrity and your word being your bond.” And someone later in his life. “John Wooden. One of my basketball colleagues went into his office for a moment and returned with a signed copy of the famed UCLA Basketball Coach’s, *Wooden—*



*A Lifetime Of Observations And Reflections On And Off The Court.* Inside the cover, John had written, ‘For Art Dugoni—with best wishes in the hope that you enjoy these reflections of an ex-coach. It pleases me to hear we share the same values. John Wooden’ I have a huge passion for being able to listen to people and help them reach their goals. One of the things Wooden said is, ‘Make every day your masterpiece.’ It’s a powerful statement.” And then we talked about something else Art has incorporated into every aspect of his life as Wooden talked of doing in his. “He uses another word I’ve used so many times—the most powerful four-letter word in the world. Love. I love you. I care for you. There isn’t one time that any of my children don’t leave a phone message, an email message, that on a personal level they don’t kiss me, hug me, and say, Dad, I love you. The same thing to their mother. The same thing before they hang up the phone. I love you, Dad. I love you, Mom. Love is a very powerful word.”

And that led us to talk about success. He started out talking about what, for Arthur Dugoni, has *not* defined success.

“Success is not the plaques on the walls. Success is not the lifetime achievement awards. Success is not having a dental school named after you. That’s not success. Those are things that come along the way. I don’t know if you know this, but I was offered the opportunity twice to be the president of the University of the Pacific. I turned it down. I said no, this is not for me. I don’t feel I have the passion to do what is needed to effect change. It would not be fair to the University or to me.”

“I think success is that when it’s all said and done, it’s not only how many people you knew or loved, it’s how many people remember and loved you. It’s about how many lives you touched and made better. Because of you, because of your example, your coaching and caring. Success is having made a difference in other people’s lives, having made a difference in your communities and organizations. To me, success is having people, after you’re gone, feel that you were something special in their lives.” □



## SECOND YEAR RESIDENTS' REPORT

**By Dr. Jonathan Gluck, Class of 2014**

Greetings from the soon-to-be-graduated Class of 2014! The past few months have been some of the busiest of our residency. There are many events to recap, memories to share and accomplishments to celebrate.

Let's start by congratulating three of our classmates who have big news. Dr. Eric Nordberg was engaged to Sophie Texier-Brien last December, and will be getting married this summer in Sausalito. Apparently Dr. Nordberg is immune to stress and pressure, as they will be getting married one week prior to our graduation. While on a much-anticipated trip to Mexico, Dr. Elyse Garibaldi got engaged to Dr. David McAninch, an oral surgery resident at Highland Hospital. They will be getting married next winter, and Dr. Garibaldi is happy to accept all forms of congratulations. Dr. Laurie McCullough, while also on a special trip, this time to Costa Rica, got engaged to Stephen Estes. Their wedding date is to be determined, but the two have settled down in Walnut Creek. Congratulations to the happy couples!

The past few months, our focus on passing the American Board of Orthodontics examination has remained strong. In April, we all successfully completed the ABO Written Exam. This came after two months of intense studying and a top-notch ABO review course organized by Dr. Oh. Her course gave us the necessary tools to master the exam, while also using that time as an excellent review of all our previous didactic material. While studying for the written exam consumed many of our nighttime hours, by day we have been meticulously treating and evaluating our ABO clinical cases. Thanks to the generosity of the Orthodontic Department, all eight of us have registered for the clinical exam in either February or September 2015. We all look forward to finishing our cases and hope to take six before the board.

A few weeks after our ABO Written Exam, the entire department headed east to New Orleans for the AAO Annual Session. Normally, only the second-year residents attend. But this year, all 16 residents



*Both classes attended the AAO in New Orleans this year.*



*Our new orthodontic clinic at the new school.*



## SECOND YEAR RESIDENTS' REPORT (CONT'D)

made the trip. Most of us were first-timers in the Big Easy, and it did not disappoint. Highlights of the conference included Nigel Harradine's lecture "Let's Talk About Torque," and new AJODO Editor Rolf Behrent's hilarious presentation demonstrating examples of good and bad science. No trip to New Orleans would be complete without a hearty sampling of the delicious cuisine. Group favorites were beignets from the famous Cafe Du Monde and cajun creations from Cochon. We also had some free time to explore the city and take in the unique nightlife. Needless to say, a fun time was had by all.



*Located on the third floor of the new school, our clinic shares the floor with Oral Surgery.*

Among the strengths of Pacific Dugoni's orthodontic program is the practice management course. We are very lucky to have seminars with some of the top orthodontic practitioners in the Bay Area and beyond. Throughout the spring and summer, we began going on office visits, an invaluable way to observe private practice orthodontics and learn from our instructors outside of school. Thus far, we've visited Dr. Straty Righellis, Dr. Sandy Bigman, Dr. Marta Baird, Drs. Bert and Aaron Rouleau, Dr. Cameron Mashouf and Dr. Ken Shimizu. We greatly appreciate the generosity of the doctors in opening their offices to us. It has been a wonderful experience to compare and contrast the practices, pick up clinical pearls of wisdom and get a sense of what it is like to run one's own practice. We have a few more visits on the calendar and can't wait to check out some other offices.

The biggest change since the spring has been the move to our new home at 155 Fifth Street. The entire orthodontic department, especially the staff, did an amazing job packing up our old clinic and getting everything set up in the new space. The operatories are spacious and patient-friendly. We all love the dual-monitor set-up, which is helpful for patient education and keeping records front and center for bonding appointments. If you have not stopped by to check it out, please do. We would love to show you around.

So what's happening between now and graduation? Great question. Though our remaining time at Pacific is short, it won't be without things to do. We will be making our last Powerpoint/ Keynote presentations: microimplant cases for Dr. Park's class and ABO cases for Monday morning seminar. On August 15th, we will be participating in a Mock ABO exam. We will be finalizing our research projects, writing master's theses, and defending them to the school. We will be compiling records, meeting with faculty, and transferring patients to our little sibs. We will be seeing new patient exams with the first-years and helping them formulate treatment plans. We will compile our own cases for the Finished Case Display, which will be available starting September 8. We will be visiting more practices, hanging out in the clinic, and learning as much as we possibly can.

If all goes according to plan, all of us will be graduating in 66 days, 10 hours, 10 minutes, and 20 seconds (but hey, who's counting?). We would be honored if everyone would join us for the Dr. Arthur A. Dugoni Orthodontic Graduation Symposium and Dinner on September 26. □

All the best,  
*Walied, Eric, Rosh, Laurie, Charlene, Elyse, Nick, and Jono*

## FIRST YEAR RESIDENTS' REPORT

*By Drs. Vanessa Chong and Lateefa Alkharafi, Class of 2015*

We are blessed to be in a program that gives us the chance to attend scientific meetings and lectures that add to our didactic and clinical experiences. At the Fred West lecture of Dr. Birte Melsen, we learned advanced biomechanics. We were also able to attend a meeting where members of the Angle Society of Northern California presented great cases with excellent finishing. Finally, practice management courses such as Dr. Orhan Tuncay's presentation have been a valuable part of our program, and will help us when we leave school for the real world.



*During an airboat tour in the swamps of New Orleans.*

This past April, we had the chance to attend the American Association of Orthodontists (AAO) annual meeting for the first time. We were exposed to a broad spectrum of ideas and schools of thought. The conference hosted many lectures with topics ranging from early treatment to CBCT to non-surgical open bite treatment. It was nice seeing fellow residents debate about hot topics in orthodontics.

We also had the chance to enjoy the great food that New Orleans had to offer in the French Quarter and the thrill of being less than two feet away from the crocodiles in the swamps! Of course, the jazz festival was great and some of us were able to attend the Eric Clapton concert.

In May, our class travelled to Kansas City for a practice visit at Dr. Bob Fry's office. The first part of the trip was spent at Dr. Fry's beautiful lodge where we had a lot of fun doing activities we normally don't do in San Francisco. We had a great time four-wheeling, driving a tractor, zip lining, and learning how to shoot guns.

The latter half of the trip was spent at Dr. Fry's office learning about practice management and his treatment philosophy. Part of the office visit included observing Dr. Jeremy Fry and his staff hard at work where they shared many useful tips and tricks.

On our last night there, we had a great BBQ feast that included pulled pork and braised beef that Dr. Jeremy Fry had won first place for in a BBQ contest. We also got to catch up with recent graduate Dr. James Galea (Class of 2012).



*Drs. Jennifer Yao and Lateefa Alkharafi with the AAO mascot.*

## FIRST YEAR RESIDENTS' REPORT (CONT'D)



Bonfire at Dr. Fry's lodge.



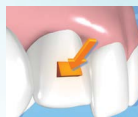
Activities at Dr. Fry's lodge.

Towards the end of spring quarter in June, we moved to the new dental school situated in SOMA. It was sentimental to pack up our operatories and say goodbye to our home for the past year. However, the new clinic is absolutely stunning and we are quickly getting used to our new surroundings.

It's hard to believe that we are now entering our second year of residency. We have learned so much in the past year and now that the new first-year class has joined us, it's time for us to show them the ropes! □

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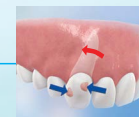
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Data on file at Align: \*Compared to patients treated with aligners made with previous Invisalign material. N12679





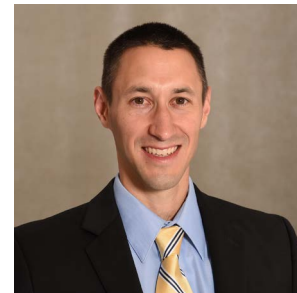
## INTRODUCING THE CLASS OF 2016



**Dr. Ronald Chung** was born and raised in Los Angeles, California. He attended Palos Verdes Peninsula High School and completed his undergraduate degree in psychology at the University of California, Irvine. He then earned his DDS degree from the Ostrow School of Dentistry of the University of Southern California. His interests include performing arts, music, and film.



**Dr. Shana Vohra** was born and raised in Modesto, California. She completed her undergraduate studies at University of the Pacific in Stockton, CA with a degree in biological sciences. She then earned her DDS at University of the Pacific, Arthur A. Dugoni School of Dentistry. Her interests include basketball, tennis, arts and crafts projects, trying new restaurants, and exploring San Francisco.



**Dr. Matthew Joosse** hails from Virginia where he graduated from the College of William and Mary in 2001. He worked in college admissions before attending dental school at the University of Pennsylvania, graduating in 2009 with a DMD and MSED in higher education. He completed an AEGD at Travis AFB, CA in 2010 and then served four years as a general dentist at Davis Monthan AFB, AZ. His hobbies include trail running, skiing, and Ultimate Frisbee. Dr. Joosse has a lovely wife, Alexandra, and a one-year-old son, Peter.



**Dr. Benjamin Chiou** was born and raised in Tempe, Arizona. He completed his undergraduate studies in Molecular and Cellular Biology at the University of Arizona. He earned his DMD degree from the University of Pittsburgh. During his free time, he enjoys exploring new restaurants in the city, watching Netflix and spending time with family and friends.



**Dr. Lauri Kim** was born in San Francisco and raised in the Bay Area. She completed her undergraduate studies at the University of California, Berkeley where she met her husband. She earned her DDS degree from the University of California, Los Angeles. During her free time, she enjoys eating at different restaurants, arts and crafts, and adoring her Shih Tzu named Mochi.

## INTRODUCING THE CLASS OF '16 (CONT'D)



**Dr. Armin Vahidnia** is from the San Francisco Bay Area. He completed his undergraduate degree in neurobiology from the University of California, Berkeley in 2007. After receiving his DDS degree from University of the Pacific, Arthur A. Dugoni School of Dentistry in 2012, he decided to pursue a specialty in orthodontics. In his free time, Armin enjoys playing the violin, playing soccer and exploring the Bay Area's great outdoors.



**Dr. Tarek Abousheta** was born and raised in Alexandria, Egypt. He completed his dental education at the University of Alexandria Faculty of Dentistry in 2004. He then went on to an advanced standing program in dentistry at the Herman Ostrow School of Dentistry in 2010. In 2012, he started a fellowship in craniofacial genetics. In his free time, he loves traveling and visiting new places.



**Dr. Trevan Samp** was born and raised in Green Bay, Wisconsin. He played football and earned a degree in biology from Brown University in 2010. He graduated from dental school at the University of Pennsylvania in 2014. His interests include water sports, movies and the Green Bay Packers. □

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## CLASS NOTES

*Update on the Class of 1974, now 40 years out for Drs. Heitzman, Kelchner, Stebbins and Lieber*

**Bob Heitzman** practiced in Rancho Bernardo, California and retired in 2009. He is married to Becky (since 1966) and lives in Rancho Bernardo (their fourth and final home). They have two children. Daughter Bryn is an allergist and her husband an engineer. They live nearby and have two kids. Son Brandt works at an investment firm in Rockville, MD and also has two kids. Bob loves woodworking and collecting American Indian art.

**John Kelchner** practiced in Tiverton, Rhode Island and retired in 2007. He is married to Susan (since 1978) and lives in Portsmouth, Rhode Island. Two new hips help him stay active—walking, fishing, kayaking, and recently snow shoveling! John travels often to Europe, the eastern US, and Canada.

**Mike Stebbins** has practiced in Kalispell, Montana for almost 40 years. He is still working, but will be out after a 3-year transition with his son-in-law. [www.stebbinsorthodontics.com](http://www.stebbinsorthodontics.com). He has been a Board Examiner for the ABO. He lives on the family farm five miles from the original family homestead (his mother still alive at 91). Mike is single, having been divorced for many years. He has two children. Daughter Jennifer is a family counselor. She lives nearby and is married with three children. Son Jonathan is in sports management. He lives in Seattle and was married last summer. Mike has been involved with youth soccer for many years, coaching, officiating, and running summer camps for 19 years. He has built three soccer fields on the family farm, [www.flatheadsoccer.com](http://www.flatheadsoccer.com) and has taken teams to Scotland and England. Mike has traveled six continents, only Antarctica remains. He plans to trek the UK this summer from coast to coast.

**Bill Lieber** practiced in Walnut Creek, California for 38 years and retired in 2012. Bill is, of course, best known for his dedication to our program. He is married to Nancy (in 1972) and lives in Danville. They have three children. Daughter Katy lives in San Francisco and is an online editor. Daughter Elizabeth lives in San Ramon and is a Googler out to save the world. Son Jonathan is an economist and has been in Washington, D.C. for 12 years, but will be moving to San Francisco to work at a startup. Jonathan is married and has a daughter. Two new knees allow Bill to stay active and travel!

*Update on the Class of 2004, now 10 years out:*

**Eric Axelrode** practices with his brother Mark with offices in Moraga, Pinole, and Vallejo, California. He has been married to Monica for thirteen years and has two children: Jean-Luc, age twelve and Leah, age eleven. His hobbies include skiing, mountain biking, following college and professional football, and white water rafting/kayaking.

**Cory Costanzo** has a private practice in Fresno, CA. He is married to Melissa and has three sons: Anthony and Nick, age nine and Vinny, age six. His hobbies are skateboarding, coaching soccer and baseball; and hanging out with the family.

**Tom Ellerhorst** practices in San Mateo, CA in partnership with Adrian Vogt (Class of 1994). He is married to Kacie and has a daughter Kaylee, age eight and a son Conner, age three. His hobbies are playing with his kids, coaching sports and hanging out with family.

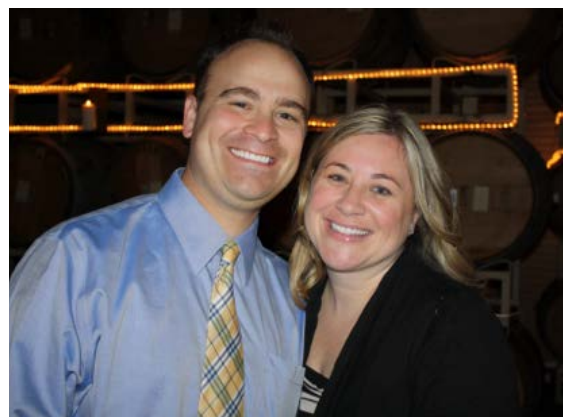




## CLASS NOTES (CONT'D)

**Andrew Kouvaris** practices in San Jose and Cupertino, CA. Married to Erin for nine years, he had two children: Sophia, age five and Michael, age three. His hobbies include following the Bay Areas sports teams, boating, and biking.

**Shawn Perce** has a solo practice in Jacksonville, Florida. Married to Suzanne for fifteen years, he has three children: Taylor, age eight, Kate, age six, and Jack, age four. His hobbies include spending time with the family, kids sports, golfing, and going to the beach. □



*RRR's grandson Logan plays T ball for the Redwood City Hooks sponsored by Thodas Orthodontics (Gabby '95). His sister Ava is a patient of Gabby's.*

## CLASS NOTES (CONT'D)

**Dr. Victor Lee '13** has been practicing at Burlingame Orthodontics since finishing dental school. He purchased the practice from his mentor Dr. John Gibbs a month after graduation and they have been working together ever since. He feels very fortunate to continue to learn from Dr. Gibbs post-residency especially since they got along so well in residency and share similar treatment philosophies. This past year, Burlingame orthodontics has gone through three minor remodels, which took a total of about six weeks.

Through the encouragement and inspiration from the entire faculty at UOP, Victor and his wife **Dr. Naomi Zaul** recently joined the faculty at Pacific. Victor teaches part-time in the mixed dentition clinic on Wednesday, while his wife teaches in the pediatric clinic. He is excited to start this new chapter in his professional life, and is so appreciative of all the support and help he has received in and after residency.





## CLASS NOTES (CONT'D)



*Avery Katherine Lyu, born April 7, 2014 (7 lbs, 12 oz, 21 inches).*

Introducing the newest addition to our orthodontic family! On Monday, April 7th, Avery Katherine Lyu (7 lbs, 12 oz, 21 inches) was born to proud parents Drs. **Kimberly Mahood '10** (our POAA committee chair) and Peter Lyu (an oral surgeon here in the City).

**Steven Dugoni '81** lectured at the CDA Spring Scientific Session in Anaheim. His talk, "Contemporary Orthodontic Care—Recognition and Treatment of Malocclusions," was given on Saturday, May 17, 2014. Geared toward the general dentist, he spoke about growth and development, mixed dentition, adolescent, adult treatment, and inter-disciplinary care.

**Naphtali Brezniak '84**, an avid bicyclist, filmed a bike ride from Namir towards the sea along the boardwalk in Israel.

<http://youtu.be/6brcHTEqjLA>



*Steven Dugoni '81 lecturing at the CDA Spring Scientific Session.*



*“Building Our Future, Embracing Our Legacy” Update from the Pacific Dugoni Development Team*

## NEW REDMOND FAMILY ORTHODONTIC CLINIC SHINES, THANKS TO DONOR SUPPORT

The Redmond Family Orthodontic Clinic in our new home at 155 Fifth Street is certainly a showstopper. Visitors quickly see that it has some of the best views in our new building. Looking out the floor-to-ceiling windows, you can see the San Francisco Chronicle building, the historic Old Mint building and the hustle and bustle of city traffic and shoppers retreating from Union Square. Inside, the light-filled operatories reflect the warmth of our students, faculty and staff, and truly make the experience a more welcoming one for our patients.



Now that we're settling into our new building, the Orthodontic Department has finally had a chance to experience the upgraded technology and clinic layout. What's new here, you ask? The clinic now has twenty four chairs instead of nineteen, a resident lounge/study room, a large lab area, treatment coordinator offices and semi-private operatory spaces designed to maximize ergonomics, infection control and patient comfort. There is also a seminar room where the whole department can gather as a team for an afternoon huddle.

Thanks to the hard work of the department's faculty and staff, the Redmond Family Orthodontic Clinic was one of the first clinics to begin caring for patients in late June. It has been a pleasure to show our beautiful new space to many alumni, visitors and other special guests who have stopped by the school for a tour.

We're deeply grateful for the support of alumni, friends and other leaders who have made gifts to support our world-class new facilities. Some of your peers who have made recent contributions include Drs. David Alpan; Brian Grey; Steve Hannon; Ken Shimizu; Gabby and Gary Thodas, the Dugoni, Champlin, Kai and Kwong families; numerous members of the Schulman Study Group; the Peninsula Orthodontic Research Group among many others.

Now we invite you to support this exciting project. Join your peers and honor a family member, friend or your own dental legacy by naming an operatory or one of the other areas in our new clinic or other spaces around the school.

To arrange a personal tour and learn more about naming opportunities, please contact Jeff Rhode, Associate Dean for Development, at [jrhode@pacific.edu](mailto:jrhode@pacific.edu) or (415) 749-3349. You're invited to see first hand how your support will enhance the educational experience for future generations of students. □

## NECROLOGY REPORT

Martin Strassner, Class of 1975  
Clark Fullmer, Class of 1980  
Richard West, Class of 1980  
Alan Chang, Class of 1983  
Bradley Wood, Class of 1987  
Jae-Hyun Ahn, Class of 1999

**Faculty**  
Winston Edie  
Wilfred Forbes  
Harry Humphreys  
Kleve Johnson  
Herman Kaplan

Melvin Paxton  
George Payne  
Jack Sibley  
Dennis Teruya  
James Thurston  
Dave Wharton

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## NEWS FROM OUR EDITOR EMERITUS

### *Dr. Richard Rummel Rutter*

Dr. Rutter recently communicated with our former faculty member, Dr. David Covell who is currently the Chair of the Department of Orthodontics at Oregon Health Sciences University. Dave informs us that the School of Dentistry will be moving to a new building down the hill and adjacent to the Willamette River. The “lower campus” is connected to the main campus by a tram. The new school has almost no storage capacity and old records will be stored off site... that sounds very similar to our situation. Dave ran into several of his old students from UOP at the AAO meeting and sees Dennis Trammel '95 and Jay Schofield '94 relatively often at local meetings.

Dr. Rutter tells us “For any Class from 1990 through 2008 that is planning a reunion I can supply a DVD of their interviews at our annual dinner parties. Be sure to look at the AAO online publication *New Dimensions*. It is a once a year feature featuring two retired orthodontists, telling what they are doing in their golden years. You may see someone of your acquaintance.” If you use the link provided, leading below, you will surely recognize one of the subjects interviewed; humility forbids me further comment.

[http://www.emagcloud.com/AAOinfo/New\\_Dimensions\\_2014hl/index.html](http://www.emagcloud.com/AAOinfo/New_Dimensions_2014hl/index.html)

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## READY-MADE PROFESSIONAL LIBRARY

Aged, retired professor of orthodontics seeks individual willing to provide a good home for a collection of books to the principles and history of orthodontics, biological anthropology and evolution.

### **Contact:**

Dr. Richard R. Rutter  
2 Rock Creek Court  
Emerald Hills, CA 94062-4051  
(650) 368-7111 (Please avoid Senior Nap Time 2:00 - 4:00pm)  
[dundas1@sbcglobal.net](mailto:dundas1@sbcglobal.net)